

\$7.95 PP

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BREAKFAST

TROPICAL FRUIT & NUTS OVERNIGHT OATS

Pineapple, Mango & Kiwi with Brazil Nuts & Coconut VEGAN | GLUTEN-FREE | DAIRY-FREE

FARMER'S MARKET BREAKFAST WRAP

Cage-Free Egg Scramble, Asparagus, Vine Ripened Grape Tomatoes, Zucchini & Fire Roasted Sweet Bell Peppers with Fresh Goat Cheese & Basil

HOT HORS D'OEUVRES

SMOKED SALMON ARANCINI

with Lemon, Herb, and Red Onion Jam

SLOW ROASTED TOMATO BOUCHEE

with Crispy Oregano VEGETARIAN

\$42.00 DZ

VEGETARIAN

SALADS

SHAVED FARMERS' MARKET VEGETABLES & MIXED BABY FIELD GREENS

Zucchini, Carrot, Radish & Cucumber with Snow Pea Pods, Grape Tomatoes, Parmesan, Champagne Vinaigrette VEGETARIAN | GLUTEN-FREE

ADD SALAD TO YOUR BUFFET

Served A La Carte Family-Style. Cookies & Rolls Not Included. \$5.75 PP

COLD HORS D'OEUVRES

FINGERLING POTATO CUPS

with French Onion Mousse & Chives VEGETARIAN | GLUTEN-FREE

ASPARAGUS TARTLET

Butter Pastry, Green Garlic Boursin, Green and White Asparagus VEGETARIAN

\$36.00 DZ

SANDWICHES

VEGAN CHICKPEA SALAD SANDWICH

Romaine, Cucumber, Carrots, Radishes, Alfalfa Sprouts, Whole Grain Mustard, and Everything Seasoning on Baguette VEGAN | DAIRY-FREE

VEGAN PAN BAGNAT

White Bean Spread, Roasted Eggplant, Marinated Tomato, Shaved Fennel and Onion, Black Olive Tapenade, Red Wine Vinaigrette, French Baguette VEGAN | DAIRY-FREE

SANDWICH OPTIONS

STANDARD BOX

Sandwich/Wrap, Potato Chips & Chocolate Chip Cookies

\$18.25 PP

EXECUTIVE BOX

Sandwich/Wrap, Potato Chips, Pesto Pasta Salad, & Chocolate Chip Cookies \$20.50 PP

BROWN BAG

Sandwich/Wrap, & Potato Chips \$16.75 PP

STANDARD PLATTER

Choice of 4 Sandwiches/Wraps, Potato Chips & Chocolate Chip Cookies

\$18.25 PP

EXECUTIVE PLATTER

Choice of 4 Sandwiches/Wraps, Potato Chips, Pesto Pasta Salad & Chocolate Chip Cookies

\$20.50 PP



A LA CARTE ENTREES

HERB MARINATED GRILLED CHICKEN THIGHS

with Ratatouille & Smoked Tomato Jus
GLUTEN-FREE | DAIRY-FREE

LIME & CILANTRO MARINATED FLANK STEAK

with Sauce Criolla
GLUTEN-FREE | DAIRY-FREE

OVEN ROASTED ATLANTIC SALMON

with an Oregano Vinaigrette Dressed White Bean & Green Olive Salad GLUTEN-FREE | DAIRY-FREE

GARDEN VEGETABLE LASAGNA

Carrots, Spinach, Broccoli, Onions, Mozzarella, Ricotta, and Parmesan Cheeses
VEGETARIAN

SIDES

GARBANZO & FETA CHEESE SALAD

Pickled Red Onion, Cucumber, Tomato, Radish, Torn Parsley & Mint with Sumac Vinaigrette VEGETARIAN | GLUTEN-FREE

RATATOUILLE

with Puffed Capers & Pine Nuts
VEGAN | GLUTEN-FREE | DAIRY-FREE

INDIVIDUAL MEALS

10 MINIMUM PER BOWL OR BOX TYPE - 4 MIN FOR VEGETARIAN

TOMATO & HERB FOCACCIA FLATBREAD WITH KALE CAESAR SALAD \$19.95 P

"Deep Dish" Sauce, Fresh Mozzarella, Crispy Prosciutto, Shaved Brussels Sprouts, Broccoli, Romaine, Oil-Cured Tomatoes, Seasoned Croutons, Cracked Black Pepper Parmesan Dressing

GREEK SALAD WITH OREGANO & LEMON MARINATED CHICKEN BREAST KABOBS

\$20.95 PP

Baby Arugula & Watercress, Macerated Tomatoes, Sweet & Sour Cucumbers, Charred Smoked Eggplant Puree, Pepperoncini, Oregano-Red Wine Vinaigrette & Spiced Olive Herb Cucumber Yogurt GLUTEN-FREE

THE WEDGE SALAD WITH "NASHVILLE HOT" CHICKEN BREAST

\$19.95 PP

Smoky & Spicy Carved Chicken Breast, Baby Iceberg Lettuce Wedge, Blistered Grape Tomatoes, Caramelized Pork Belly Lardons, White Bread Croutons, Bread & Butter Pickle Vinaigrette

ROASTED FINGERLING POTATOES SALAD WITH GRILLED BEEF FLANK STEAK \$23.95 **

Baby Arugula & Kale Mixed Greens, Oil-Cured Tomatoes, Crumbled Bleu Cheese, Micro Cress, Creamy Green Peppercorn & Cognac Dressing GLUTEN-FREE

THAI MARKET CHICKEN SALAD

\$19.95 PP

Roasted Sweet Soy Glazed Chicken Breast Skewer, Broccoli Slaw, Green Papaya, Cucumbers, Baby Bok Choy, Pickled Fresno Chilies, Spicy Peanut Dressing, Coriander & Mint DAIRY-FREE

CONFIT OF SALMON "NICOISE" STYLE \$27.95

Olive Oil Poached Salmon, Dill & Tarragon Red Potatoes, Pickled Pearl Onions, Haricots Verts, Frisee, Endive & Arugula Greens, Niçoise Olive Gribiche, Red Wine & Dijon Vinaigrette

GLUTEN-FREE | DAIRY-FREE

CAULIFLOWER "CHOP" SALAD WITH CONFIT OF SALMON

\$27.95 PP

Olive Oil Poached Salmon, Roasted Red Pepper & Walnut Hummus, Green Peas, Pickled Red Onions, Scallions, Green Beans, Cherry Tomatoes, Parmesan Cheese, Charred Lemon Dressing, Pita Croutons

PLACE AN ORDER

PLEASE PLACE YOUR ORDER (96) HOURS IN ADVANCE

312-572-7233

WORKSPACE@FFTCHICAGO.COM



WORKSPACEDROP-OFF

\$16.50 PP

\$22.00 PP

\$27.75 PP

\$16.50 PP

\$4.75 PP

\$4.75 PP