



## STARTERS

**COCONUT SWEET POTATO SKEWERS** VGT GF \$3.00

**CHILLED ANTIPASTI SKEWER** GF \$3.00

Chicken Sausage, Marinated Artichoke, Basil Ovalini,  
Oven-dried Tomato

**SEASONAL VEGETABLE CRUDITE** sm \$35 lg \$70

Kefir Ranch, Roasted Red Pepper Chimichurri,  
Edamame Hummus

### ARTISINAL CHEESE BOARD

Served with Assorted Flatbreads, Dried Fruits, Candied Nuts

**DOMESTIC** Sharp Cheddar, Baby Swiss, Pepperjack sm \$60 lg \$120

**IMPORTED** Brie, Gorgonzola, Manchego, Port Salut sm \$60 lg \$120

**MIDWEST ARTISAN** Prairie Breeze Cheddar, Marieke sm \$70 lg \$130

Gouda, Humboldt Fog Chevre

**HUMMUS "STREET STAND"** sm \$60 lg \$120

Served with Fresh Pita, Local Windcrest Dairy, Greek Yogurt & Veggie Sticks

### Pick Three:

Roasted Carrot

Avocado Lime

Caramelized Cauliflower

Heirloom Beet

Pistachio Parsnip



**FOOD FOR THOUGHT**  
- DELIVERED -

312 572 7233 DELIVERED@FFTCHICAGO.COM

## HOW TO ORDER

Please place your order anytime Monday through Friday  
48 hours in advance notice of your event  
for order and cancellations.



## SALADS

\$3.95 per person

### APPLE & QUESO FRESCO SALAD VGT GF

Crisp Leaf Lettuce, Apples, Queso Fresco, Marcona Almonds, Champagne Vinaigrette

### TOASTED WALNUT SALAD VGT GF VGN

Spring Mixed Greens, Oranges, Grapefruit, Pineapple, Candied Walnuts, Raspberry-Poppyseed Dressing

### CHOPPED SALAD GF

Lettuce, Tomatoes, Bacon, Scallion, Bleu Cheese, Red Wine Vinaigrette

### SANTA FE SALAD VGT

Romaine Lettuce, Corn, Black Beans, Cheese, Tortilla Strips, Tomatoes, Mixed Greens, Spicy Peanut-Cilantro Vinaigrette

### GREEK SALAD VGT GF

Romaine Lettuce, Cucumber, Red Onion, Feta, Kalamata Olives, Red Wine Oregano Vinaigrette

## SWEETS

### FRESH MUFFIN ASSORTMENT VGT

\$24.00 dz

Carrot Cinnamon Nut, Cranberry Citrus, Lemon Poppy Seed, Blueberry

### BREAKFAST BREAD ASSORTMENT VGT

\$24.00 dz

Banana, Lemon Poppy Seed, Cranberry

### GRANOLA BERRY PARFAIT VGT

\$4.95 pp

### FRESH FRUIT PLATTER

sm \$45 lg \$70

### COOKIE ASSORTMENT

sm \$30 lg \$45

Chocolate Chip, Oatmeal Raisin, Sugar, White Chocolate Macadamia

### DESSERT BAR ASSORTMENT

sm \$30 lg \$45

Brownie, Pecan, Lemon, Coconut Chocolate Macaroon

### CUPCAKE ASSORTMENT

sm \$30 lg \$55

Red Velvet, Double Chocolate, Peanut Butter, White Chocolate Pistachio

## SANDWICHES

### MINI SANDWICHES

\$40 per dozen

### WHOLE SANDWICHES

\$8.95 each

### TURKEY FRESCO SANDWICH

Honey Roasted Turkey Breast, Aged White Cheddar, Leaf Lettuce, Tomato, Basil & Tarragon Infused Aioli, Artisan Roll

### NAN'S HAM SANDWICH

Black Forest Ham, Baby Swiss Cheese, Dijon Mustard Dressing, Lettuce, Tomato, Bavarian Pretzel Roll

### ROAST BEEF SANDWICH

Roast Beef, Caramelized Onions, Portobello Mushrooms, Leaf Lettuce, Grain Mustard, 9 Grain Bread

### HUMMUS & ROASTED VEG WRAP

Spiced Hummus, Balsamic & Herb Marinated Grilled Vegetables, Romaine Lettuce, Spinach Tortilla

### KICKED UP CHICKEN CAESAR WRAP

Grilled Chicken Breast, Romaine Lettuce, Seasoned Golden Croutons, Chipotle Pepper Caesar Dressing, Tomato Tortilla

## PINWHEELS

### MINI PINWHEELS

\$25 per dozen

See choices below:

Turkey Fresco, Mustard Grilled Chicken, Chicken Banh Mi, Honey Glazed Salmon, Slow Roasted Pork Shoulder, Roast Beef, Charcuterie, Grilled Eggplant **VGT**, Smoked Zucchini **VGT**