

FOOD FOR THOUGHT DINING SERVICES

FFT DINING SERVICES SAMPLE MENU

TOSS

Raw + Wild: Baby Spinach, Raw Beets, Wild Rice, Peppers, Cilantro, Shredded Cabbage, Avocado, Raw Seed Brittle, Carrot Ginger Vinaigrette

Spicy Tuna: Seared Ahi Tuna, Baby Bok Choy, Napa Cabbage, Pickled Daikon + Carrots, Spring Onion, Tempura Croutons, Creamy Sriracha + Soy Drizzle

Chicken Cobb: Antibiotic Free Grilled Chicken, Crispy Pork Belly, Chopped Greens, Blue Cheese, Heirloom Tomato, Shallot, Creamy Chive Dressing

Middle Mediterranean: Shredded Kale, Chopped Romaine, Heirloom Tomato, Shallot, Cucumbers, Local Feta, Housemade Hummus, Pita Chips, Baked Falafel, Cucumber Tahini Yogurt

TOSS FEATURES:

Roasted Turkey + Brussels Sprouts: Baby Lettuces, Romaine, Roasted Brussels Sprouts, Roasted Sweet Potatoes, Pulled Turkey, Candied Walnuts, Cranberry Vinaigrette

Apples, Pears + Cheddar: Shredded Kale, Baby Spinach, Apples, Pears, Fresh Basil, White Cheddar, Spiced Pecans, Balsamic Vinaigrette

FLAME

Short Rib Burger: Bacon + Shallot Marmalade, Aged Cheddar, Watercress, Griddled Brioche
Sherry Chicken Sandwich: Grilled Chicken Paillard, San Marzano Tomato Chutney, Fresh Basil, Burrata, Cold Pressed Olive Oil, Baguette

Baltimore Crab Cake Sliders (2): Blue Lump Crab Cakes, Celery Leaf, Spicy Dijon Aioli, Saltine Cracker Crust, Onion Slider Buns

Grain + Garden[Burger]: Cilantro Quinoa Patty, Avocado, Aged Cheddar, Green Chili Eloté, Pickled Radish, Sesame Bun

FLAME FEATURES:

Squash Flatbread: Sweet Potato + Butternut Squash Hummus, Burrata, Watermelon Radish, Apple Relish, Crispy Sage

Cast Iron Turkey Burger: 6 oz Burger, Grana Padano, Shaved Kale + Marcona Almond Salad, Herbed Focaccia

EXTRAS:

Pickle Brined French Fries: Hand Cut, Dill Salt

Tempura Brussels Sprouts: Sriracha Aioli

Sweet Potato + Beet Chips: Sweet + Spicy Dust



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STACK CORE:

Turkey + Brie: Turkey, Melted Brie, Bacon + Shallot Marmalade, Arugula, 9-Grain

Spicy Serrano: Serrano Ham, Manchego, Cilantro Sprigs, Piquillo Relish, Serrano Chili Aioli, Pressed Ciabatta

BLT: House Cured Extra Thick Bacon, Fried Green Tomato, Pimento Cheese, Watercress, Country Bread

Balsamic Chicken Wrap: Balsamic Marinated Chicken, Goat Cheese, Caramelized Shallots, Arugula, Apricot + Rosemary Aioli, Whole Wheat Wrap

STACK FEATURES:

Charcuterie: Duck Liver Mousse, Serrano Ham, Cornichons, Pickled Mustard Seeds, Fresh Figs, Grilled Pretzel Baguette

Forest Melt: Fontina, Gruyere, Caramelized Shallot, Truffled Wild Mushrooms, Griddled Sourdough

YOLK SAMPLE MENU:

Everyday Breakfast Line Up: Pecorino+ Chive Soft Scrambled Eggs

Skillet Hash Browns

Pork Sausage + Apple Chicken Sausage Links

House Cured Double Thick Bacon

Freshly Baked Buttermilk Biscuits + Southern Gravy

Made to Order Cage Free Egg Omelets

SPECIALS INCLUDE:

Italian Breakfast Frittata: Arugula Pesto Spiked Eggs, Fresh Mozzarella, Pecorino, Asparagus, Whole Wheat Spaghetti and Prosciutto

Muffin Top Pancakes: Pumpkin Pancakes, Vanilla Brown Butter, Maple Whipped Cream, Pumpkin Seed Brittle

Breakfast Galette: Croissant Crust, Sunny Side Up Egg, Shaved Pork Belly, Oven Dried Tomatoes, Basil Hollandaise

Powered Up Oatmeal: Amaranth, Chia Seeds, Quinoa, Flax Seeds and Steel Cut Oatmeal Simmered with House Apple Cider, Caramelized Apples, Cinnamon + Nutmeg



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DISH SAMPLE MENU:

Dry Rubbed + Smoked Beef Brisket with Jalapeno and Bacon Mac & Cheese, Southern Style Vinegar Slaw

Papardelle Bolognese: Braised Short Rib, Brown Butter, Mint + Ricotta Salata

"General Tso Chicken": Chile Braised Chicken Thigh, Sticky Rice Cake, Soy Spiked Shishito Peppers

Carnitas + Lime Taquitos: Roasted Guajillo Sauce, Avocado, Crema
Barley Risotto with Red Wine, Wild Mushrooms, Peas + Pecorino

Mediterranean Turkey Roulade: Micro Oregano, Beet-Feta Puree, Tzatziki

TOUR SAMPLE MENU:

Melt: Gourmet Grilled Cheese Bar! 12 Cheeses to choose from... Fillings from Braised Short Rib to Pickle Brined Fried Chicken. Crunchy Vegetable add in's...all served with your Choice of Dipping Sauce!

Phat Rice: Fried Rice to the Next Level! Your Choice of Brown or Jasmine Rice, Stir-Fried with what you want! Lemongrass Chicken, Char Siu Pork Belly, Housemade Kimchee, It's up to You! All Fried Rice Dishes are always served with a homemade Spring Roll.

Fired: 90 Second Pizzas, designed by you! Red, White + Green Sauces as well as 25 toppings to choose from!

Boardwalk Empire: Oysters on the Half Shell, Beer Battered Perch, Tarragon Lobster Rolls + Lobster Mac with your choice of sides

Lucha Libre: Gourmet Tacos, Burritos, Salads + Tamales! Served with Mexican Street Corn + Salsa Verde Rice



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